

Physical Education Curriculum Overview



			Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	P E	1	Fundamental	Ball Skills – Throwing & Catching	Ball Skills – Throwing & Catching	Swimming	Rugby	Swimming	Rugby
	C T	1	Movement Skills	Fundamental Movement Skills	Tagging & Evasion Games	Badminton	Dodgeball	Badminton	Dodgeball
	P E	2	Ball Skills	Tagging & Evasion Games	Team Ball Skills	Handball	Netball	Handball	Netball
	C T	2		Dance	Dance	Gymnastics	Gymnastics	Gymnastics	Gymnastics
Spring	P E	1	Gymnastics	Target Skills	Target Skills	Basketball	Hockey	Basketball	Hockey
	C T	1		Gymnastics	Gymnastics	Dance	Dance	Dance	Dance
	P E	2	Team Games	Ball Skills – Invasion Games	Ball Skills – Invasion Games	Football	OAA	Football	ΟΑΑ
	C T	2		Personal Best Challenges	Personal Best Challenges	Health, Fitness & Wellbeing	Health, Fitness & Wellbeing	Health, Fitness & Wellbeing	Health, Fitness & Wellbeing
Summer	P E	1	Sports Day Activities	Athletics	Athletics	OAA	Swimming	OAA	Swimming
	C T	1		Ball Skills – Striking & Fielding	Ball Skills – Net & Wall	Athletics	Athletics	Athletics	Athletics
	P E	2	Tagging & Evasion	Swimming	Swimming	Golf	Cricket	Golf	Cricket
	C T	2		Sports Day Activities	Sports Day Activities	Rounders	Tennis	Rounders	Tennis